### SHARE PLATES

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mediterranean Plate</td>
<td>9</td>
</tr>
<tr>
<td>Fruit &amp; Cheese Plate</td>
<td>12</td>
</tr>
</tbody>
</table>

**Mediterranean Plate**
- Roasted garlic hummus, tzatziki, cucumber, herb goat cheese, sweet peppers, olives, naan

**Fruit & Cheese Plate**
- Bleu Cheese, Manchego Triple Creme Brie, garished with fig jam, dark rose chocolate, toasted nuts

### SALADS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caesar Salad</td>
<td>8</td>
</tr>
<tr>
<td>Harvest Salad</td>
<td>8</td>
</tr>
<tr>
<td>Summer Salad</td>
<td>9</td>
</tr>
<tr>
<td>Burchfield Salad</td>
<td>9</td>
</tr>
</tbody>
</table>

**Caesar Salad**
- Romaine, shaved asiago, parmesan crisps, traditional dressing, lemon

**Harvest Salad**
- Kale, dried cranberries & apricots, apple, bacon, toasted almonds, gorgonzola, white balsamic

**Summer Salad**
- Spring mix, strawberries, pineapple, avocado, goat cheese, red onion, raspberry vinaigrette

**Burchfield Salad**
- Quinoa, mixed greens, cucumber, roasted tomato, gorgonzola, honey-garlic vinaigrette
  - *Add chicken*: 4
  - *Add shrimp*: 5

### BOWLS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mexicali Bowl</td>
<td>12</td>
</tr>
<tr>
<td>Thai Chicken Bowl</td>
<td>12</td>
</tr>
<tr>
<td>Ginger Salmon Bowl</td>
<td>14</td>
</tr>
</tbody>
</table>

**Mexicali Bowl**
- Cajun chicken, spinach, roasted tomato, red onion, cilantro-lime rice, avocado, sautéed sweet peppers, chipotle black beans

**Thai Chicken Bowl**
- Kale, carrot, sweet pepper, cilantro, scallion, edamame cucumber, toasted almonds, spicy peanut dressing

**Ginger Salmon Bowl**
- Citrus rice, quinoa, pineapple-red pepper salsa, grilled scallion, cucumber, pickled onion, ginger dressing
  - *Add chicken*: 4
  - *Add shrimp*: 5

### SOUP

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Selection</td>
<td></td>
</tr>
<tr>
<td>Oliver's Tomato (cup)</td>
<td>3.50</td>
</tr>
<tr>
<td>Oliver's Tomato (bowl)</td>
<td>4.50</td>
</tr>
</tbody>
</table>

**Daily Selection**
- Oliver's Tomato
  - *Bowl*: 4.50
## WRAPS

<table>
<thead>
<tr>
<th>Name</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>hail caesar</td>
<td>10</td>
</tr>
<tr>
<td>lemon chicken, romaine, shaved asiago, croutons, traditional dressing, herb garlic tortilla</td>
<td></td>
</tr>
<tr>
<td>farmer’s market</td>
<td>9</td>
</tr>
<tr>
<td>roasted portobellos, red peppers, balsamic red onion, spinach, herb goat cheese, pesto aioli, tomato tortilla</td>
<td></td>
</tr>
<tr>
<td>smoked turkey</td>
<td>8</td>
</tr>
<tr>
<td>turkey, cheddar, bacon, roasted tomato, avocado, roasted garlic aioli, spinach tortilla</td>
<td></td>
</tr>
<tr>
<td>chicken salad</td>
<td>9</td>
</tr>
<tr>
<td>grapes, almonds, romaine lettuce, sliced roma tomato, spinach wrap</td>
<td></td>
</tr>
<tr>
<td>chipotle chicken quesadilla</td>
<td>9</td>
</tr>
<tr>
<td>cheddar, sautéed peppers &amp; onions, black beans, avocado crema</td>
<td></td>
</tr>
<tr>
<td>shrimp quesadilla</td>
<td>11</td>
</tr>
<tr>
<td>jerk shrimp, pineapple-bacon salsa, cheddar, tomato, avocado crema</td>
<td></td>
</tr>
</tbody>
</table>

## PANINIS

*all served on whole grain bread*

<table>
<thead>
<tr>
<th>Name</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>blt</td>
<td>9</td>
</tr>
<tr>
<td>applewood smoked bacon, fresh tomato, romaine, garlic aioli</td>
<td></td>
</tr>
<tr>
<td>apple &amp; gouda</td>
<td>8</td>
</tr>
<tr>
<td>bacon, granny smith apple, fig jam, spinach</td>
<td></td>
</tr>
<tr>
<td>brie &amp; asparagus</td>
<td>8</td>
</tr>
<tr>
<td>roasted tomato, avocado, caramelized onion, garlic aioli</td>
<td></td>
</tr>
<tr>
<td>strawberry &amp; turkey</td>
<td>9</td>
</tr>
<tr>
<td>brie, strawberries, spinach</td>
<td></td>
</tr>
<tr>
<td>albacore tuna melt</td>
<td>8</td>
</tr>
<tr>
<td>tuna salad, cheddar, bacon, tomato</td>
<td></td>
</tr>
<tr>
<td>side salad</td>
<td>4</td>
</tr>
<tr>
<td>greens, cucumbers, tomato, balsamic</td>
<td></td>
</tr>
<tr>
<td>fruit cup</td>
<td>4</td>
</tr>
<tr>
<td>pineapple, berries, apples</td>
<td></td>
</tr>
</tbody>
</table>

## DESSERT

<table>
<thead>
<tr>
<th>Name</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>blondie-toffee crunch</td>
<td>4.50</td>
</tr>
<tr>
<td>brownie-peruvian</td>
<td>4.50</td>
</tr>
<tr>
<td>choc chunk cookie</td>
<td>4</td>
</tr>
<tr>
<td>rice krispy treat</td>
<td>4</td>
</tr>
</tbody>
</table>

## Hours of Operation

- **Tuesday - Sunday:** 11am - 4pm
- **Monday:** Closed

1300 Elmwood Avenue
Buffalo, NY 14222
(716) 878-3253